

AWAKENED SOUL COVEN SAMHAIN WORKBOOK



THE MODERN WITCH'S GUIDE TO
CELEBRATING ALL HALLOW'S EVE



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ABOUT SAMHAIN

Samhain is a Gaelic festival that marks the end of the harvest season and the beginning of winter. In the Northern Hemisphere it is traditionally celebrated at sundown on the 31 of October (or May first in the Southern Hemisphere).

This is the time of year when days are getting shorter and the trees have shed their leaves. The weather is cooler and winter is just around the corner.

In North America, Samhain corresponds with Hallowe'en, or All Hallow's Eve. Although the two events are similar in modern day culture, they originate from quite different customs.

Hallowe'en is a secular festival that is a few hundred years old, whereas Samhain rituals date back to the time of the Druids.

It is a night of magic and wonder. Samhain is a time when the veil between the worlds is thinnest. It marks the festival of the dead, a celebration of remembrance and honoring our ancestors, and the cycle of death and rebirth.

All forms of divination are powerful now, and it is the perfect time for communion with the spirit world. For those who have lost loved ones in the past year, Samhain rituals are an opportunity to bring closure to grieving.



ABOUT SAMHAIN



THE MAGICAL COMPONENTS OF SAMHAIN:



DIVINE BEINGS

Hecate, Hades, the Morrigan, Gods and Goddesses of the underworld, Gods and Goddesses of Sacrifice.



COLORS

Black, white, orange, purple, yellow.



ALTAR DECORATIONS

Pumpkins, fall leaves, skulls, masks, photos of those who we loved and lost, black and white candles.



FOOD

Pumpkin soup, casseroles, mulled wines, potatoes, cheese, corn, cornbread, cabbage.



CELEBRATING SAMHAIN

Prepare a Samhain harvest dinner and place a seat at the table for your deceased loved ones. Decorate your table with carved pumpkins, gourds and fallen leaves. Add photographs and mementos of departed loved ones. Invite your ancestors to come and join the meal.

Samhain is the perfect time for self-reflection and letting go of something that has been holding you back from reaching your goals.

Perform a small ritual of release by writing down what you want to let go of, then burning it with a white candle while imagining being free of this burden.

Bonfires are a Samhain tradition. In ancient times, Druids would use these fires to burn human sacrifices. You can honor this tradition by making a small straw man, tying it to a little stake and burning it in effigy.

If you live near a burial site, visit the cemetery and place an offering of food and water on a gravesite. If it is the grave of a loved one, remember that they continue to live on inside you.

Using Tarot, runes, or a scrying mirror, seek your ancestors' guidance for the year to come. Journal what you want to achieve and how you can act upon it to make it happen.



CELEBRATING SAMHAIN

SAMHAIN RITUAL:

You will need:



A white candle



A photo of the ancestor you wish to connect with. This can also be a beloved pet. If you don't have someone you can connect to your guides.



If you have a piece of jewelry from them you can use that too.



A Tarot or Oracle deck.



1

Set your Altar in any way you feel drawn to.

2

Place the photo on the altar.

3

Light the white candle, which acts as the spirit bridge between you two. Close your eyes and say:

'Ancestor mine, I honor you and my line

On this Samhain eve.

A message you share, send by the air

for I am open to receive

So mote it be'

4

When you feel ready take your Tarot or Oracle deck and shuffle. Lay the cards out as shown below as a message from your ancestors.



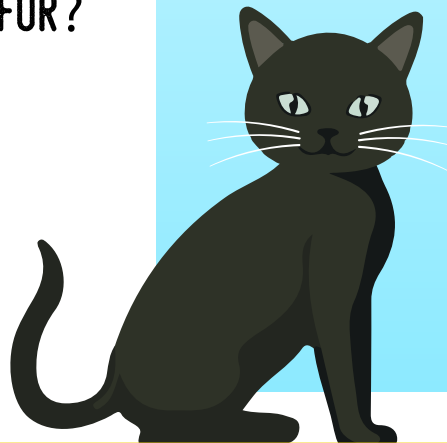
SAMHAIN TAROT SPREAD



- 1 WHAT NEEDS SACRIFICING?
- 2 WHAT FAMILY BELIEF NEEDS SACRIFICING?
- 3 WHAT DO I NEED TO BRING INTO WINTER?
- 4 WHAT DO I NEED TO PREPARE FOR?



SAMHAIN TAROT SPREAD:



SAMHAIN MEDITATION:

Stream the free
Samhain Meditation

HERE



ABOUT ETHONY, THE HIGH PRIESTESS



Ethony is a practicing eclectic Witch and Tarot reader and author who loves to create more than sleep. She is the High Priestess of the Awakened Soul Coven and Headmistress at the Tarot Readers Academy where she teaches and mentors Tarot professionals and students through the courses available there.

Ethony is the creator of the Awakened Soul Oracle, Bad Bitches Tarot, and the Wheel of the Year Meditation CD Series.



ETHONY

You can find Ethony's
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